

Nutritional Influences on Fertility & Supporting a Healthy Pregnancy

Our guest speaker will
be the industry renowned
Alessandro Ferretti

REGENT COLLEGE, LONDON
NOVEMBER 21ST 2009

Don't miss
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awaited seminar
from the Nutrigold
Education Team

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SEMINAR TOPIC

Few parents realise how important a good nutritional foundation is for their unborn child and its long-term physical and mental health. All the evidence seems to suggest that the better the nutrition during the sensitive reproductive process, the more free our child will be from detrimental effects such as weakness, slow growth and susceptibility to disease, more free from structural and developmental abnormalities, & from learning disabilities, emotional & mental imbalances.

The most common reason that women between the ages of 20-45 visit their GP is for fertility issues. Nutrients can play an integral and crucial role in conception, and addressing deficiencies has been shown to enhance fertility levels & successful pregnancy outcome.

This Seminar will explore:

- Nutritional requirements for the reproductive process
- Factors affecting fertility and how to minimise their impact
- Environmental & dietary toxins
- Hormonal imbalances including adrenal stress
- Nutrition for a healthy pregnancy & to minimise the risk of congenital abnormalities.
- Eating to keep mum & infant healthy, with particular focus on successful lactation



Alessandro's belief is that the food you eat provides the raw materials for cellular regeneration and metabolism affecting every aspect of the body from cognitive to physical. By tailoring diet to fit your own individual metabolism and supporting chemical pathways with specialized supplementation, it is possible to improve overall health, physical and cognitive functioning and enhance well-being.

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We are currently communicating many times a month with thousands of our customers via email and only once every three or four months by post with others. So why not register your email address with us so you don't miss out on a wide range of great products and services: These free updates that are sent directly to your desk top are:

- Health topic seminars - like the one on how nutrition can be demonstrated to support both fertility and a healthy pregnancy, which will take place in Regents College on 21ST November 2009.
- New product developments and promotion updates
- Special product promotional offers
- Latest research updates
- Industry regulations (FNTP) up dates and much much more.

This new way of communicating will also allow us to continue to deliver a highly competitively priced product range in an ecologically responsible manner to our clients in a fast effective manner.

Order online and you can now save up to 5% on standard priced items, it's never been easier with our new easy to navigate web site and we have recently introduced a new technical section to the site which offers free information on health issue (A-Z data base of ailments), the site also contains an easy to search database on each nutritional ingredient, i.e. what's magnesium, plus access to one of the industry's largest libraries of scientifically referenced newsletters and much more.

www.nutrigold.co.uk

Competition Terms

Employees and their immediate families of Nutrigold Limited, their associated companies and their agencies, are not eligible for entry in the Prize Draw. Entry to the Nutrigold Prize Draw 2009 is free and is open to all residents in the UK aged 21 or over. No purchase necessary. Closing date for receipt of entries is midnight 01/12/2009. There will be one Winner. The winner will be notified on 21/12/2009 by phone/email. The winner will be the first entry drawn by Nutrigold. Nutrigold's decision is final and no correspondence will be entered into. Nutrigold reserves the right to publish the name and county of the winner and the winner will allow photographs to be taken and used for the purposes of publicity. The prize includes a £200 credit voucher for Nutrigold products

Update your details below to receive all this Free information and you will also be entered into a free prize draw where you could win £200 worth of vouchers which are redeemable against Nutrigold Food supplements, Health or Beauty Spa Treatments etc.

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or £200 towards specialist Spa treatment of your choice, the Prize is not transferable. Nutrigold reserves the right to make any necessary alterations to the prize. Nutrigold will not be liable for any circumstances beyond its reasonable control that prevent a prize being taken up by a winner. Any personal information collected may be used for marketing and research purposes by Nutrigold and will not be passed on to third parties for these purposes. By entering this promotion, entrants are agreeing to abide by these rules as outlined by Nutrigold. The Promoter is Nutrigold Limited, Lakeside, 180 Lifford Lane, Birmingham, B30 3NU, Company Reg No. 3757763. (Please send all entries to this address).