

# CNM



COLLEGE OF  
NATUROPATHIC  
MEDICINE



# ENHANCING FERTILITY

by TV's Amanda Hamilton

Good nutrition  
can be more  
effective than IVF

Wednesday 25th  
November 2009  
6:30-8:30pm

Edinburgh Napier  
University, Room B2  
Merchiston Campus  
Edinburgh EH10 5DT



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FEE

£5.00

BOOK

Call 01342 410 505  
or email: [info@  
naturopathy-uk.com](mailto:info@naturopathy-uk.com)

TV Nutritionist **Amanda Hamilton** is the mother of two children. Yet she knows only too well from couples who consult her, the heartbreak of being unable to conceive.

In this talk, Amanda outlines an alternative scientific approach for those who are, or for practitioners who advise, would-be parents who may have trouble conceiving, and for women over 35 interested in prolonging their fertile years. Her talk addresses detoxification at the pre-conception stage, diet and lifestyle causes of infertility and a natural, holistic approach to restoring health, hormonal balance and fertility. This talk is brought to you by Nutrigold in conjunction with The College of Naturopathic Medicine.

## About Amanda Hamilton



Amanda Hamilton is a leading health expert and nutritionist who regularly features on BBC television and radio, GMTV, Sky News and UKTV.

She helped develop and present the hit UKTV Style series, 'Spa of Embarrassing Illnesses' and 'Teen Spa of Embarrassing Illnesses,' as well as BBC One's recent series 'The Last Resort.'

She is the founder of a well-known retreat company and writes on health issues for several mainstream and peer publications, having written best-selling books on detox and nutrition.

Don't miss the thought-provoking public talks given on a wide range of health issues by noteworthy guest speakers at CNM.

Check regularly for updates on [www.naturopathy-uk.com/events/  
events-special-uk](http://www.naturopathy-uk.com/events/events-special-uk) or call 01342 410 505.

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